



Please fill out this form and return it by **Monday, September 10th.**

Child's Name:

_____ Last _____ First

Mailing Address:

_____ Street

_____ City _____ State/Province _____ Zip/Postal Code _____ Country

Child's Date of Birth

_____/_____/_____
Month Day Year

Email Address:

My child has completed the activities recorded in this log as part of the *Clubhouse Jr.* 2012 summer challenge.

Parent's Signature

Level 1
(1 point/30 minutes)

- T-ball
- Bowling
- Croquet
- Fishing
- Miniature golf
- Table tennis
- Walking

Level 2
(1 point/15 minutes)

- Basketball
- Biking
- Hiking
- Jumping rope
- Skating
- Soccer
- Swimming

Send your completed log, along with a photo of you exercising, to:
Clubhouse Jr. Olympic Challenge
Colorado Springs, CO 80995-7460

We will send a prize to every reader who earns **100 points** or more. Prizes will be mailed in October.

If you have any questions, feel free to call (719) 531-3400 x2348 or email us at editor@clubhousejr.com.

Olympic Fitness Exercise Log

Date	Activity	Minutes	Points

Initials

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